

DUK Tape is the only kinetic tape with Nikken Far-Infrared and Negative-Ion Technology! KenkoTherm DUK Tape comforts stressed muscles and joints and promotes greater freedom of movement, while it produces warmth from natural energy and refreshing negative ions.

INSTRUCTIONS FOR DUK TAPE USE

- Cut to desired size. For best results, adhesion is improved if corners are trimmed or rounded.
- Make sure the skin is clean, dry, and free from lotions/oils. You can clean the skin with rubbing alcohol before applying.
- If applying DUK Tape on a joint, be sure the joint is in a fully bent position. If the tape is applied over a knee or elbow in an extended position the tape will pull off as the joint is moved.
- Never stretch the first or the last of the tape on either end. The tape on the ends should be applied directly to the skin without stretching, otherwise it will pull up and will not stick. Tape my be applied without tension or stretched slightly in the middle for additional support.
 Do not stretch tape more tightly than is comfortable.
- Lastly, be sure to set the adhesive by firmly rubbing the tape and make sure all the edges are down.

